



Classification of Laws Associated with School Students

What Is C.L.A.S.S.?

Classification of Laws Associated with School Students (C.L.A.S.S.) is a scoring system that monitors and evaluates state-level school physical education (PE) and nutrition policies that have been codified into law. Policies are defined to include both statutory laws as enacted by the state legislatures and administrative laws promulgated by state administrative agencies.

- **C.L.A.S.S.** uses a scoring system to code state laws as they compare to national standards and recommendations for PE and nutrition
- **C.L.A.S.S.** scores of PE and nutrition laws are available at elementary, middle, and high school levels and across levels

Policy Areas Covered In C.L.A.S.S. Include:

Physical Education

- PE time requirements
- Staffing requirements (i.e., teacher qualifications)
- Curriculum standards
- Assessment of health-related fitness
- Recess time

Nutrition

- Competitive foods-*a la carte* (e.g., vending machines)
- Reimbursable school meals
- School meal environment (i.e., meal scheduling time and length requirements)
- Food service director qualifications
- Coordinating or advisory council requirements
- Nutrition education
- Marketing restrictions
- Body mass index screening

C.L.A.S.S. Policy Mapping Tool

C.L.A.S.S. users can generate policy maps for any PE or nutrition policy area selected. Users can also select a particular state to generate information on policy scores by year and by grade level. Data can be printed or downloaded for analysis.

View Data Map

Select policy area and grade-level of interest to generate tailored policy maps for download and printing.

Physical Education
 Nutrition

- All School Levels
- Elementary School
- Middle School
- High School

- Time Requirements
- Staffing Requirements
- Curriculum Standards
- Fitness Assessment
- Recess Time
- Summary Score

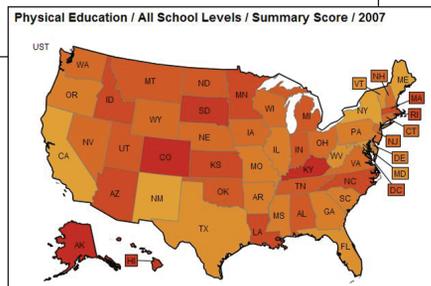
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[View Data Map](#)

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Classification of Laws Associated with School Students

Who Goes To C.L.A.S.S.?

C.L.A.S.S. is a resource for researchers; state governments, school boards, and councils; district and local school boards; teachers; nutrition directors; parents; and others interested in preventing childhood obesity and improving the school nutrition and physical education/activity environment.

RESEARCHERS

go to C.L.A.S.S. to:

download data to analyze school diet- and physical activity-related laws.

Use the data to do the following:

- Examine laws within and across grade levels
- Link the data with other surveillance, health, and education datasets
- Track changes in laws over time
- Evaluate factors associated with implementation of laws

POLICY MAKERS

go to C.L.A.S.S. to:

monitor how state PE and nutrition policies compare to other states using the map and state report functions.

- Examine if states are meeting the most current standards and recommendations for PE and nutrition
- Evaluate how state laws compare to others

SCHOOL BOARDS, TEACHERS, AND THE PUBLIC

go to C.L.A.S.S. to:

examine how local policies compare to state laws.

- Examine laws within and across grade levels
- Subscribe to C.L.A.S.S. listserv for updates

Why Go To C.L.A.S.S.?

Empirical: C.L.A.S.S. employs an empirical coding system that can be used to assess changes in state laws over time and allows for easy linkages with other data sources.

Independently Coded: C.L.A.S.S. contains independent coding according to nationally recognized standards for PE and nutrition laws.

Regularly Updated: C.L.A.S.S. scores from 2003 to 2008 and bi-annually thereafter.

Don't Miss C.L.A.S.S.!

Log on to class.cancer.gov to use C.L.A.S.S. and subscribe to e-mail updates for the latest C.L.A.S.S. news.

Contact:

Tanya Agurs-Collins, Ph.D., R.D.

collinsta@mail.nih.gov

Frank Perna, Ed.D., Ph.D.

pernafm@mail.nih.gov

The screenshot shows the C.L.A.S.S. website interface. At the top, it says 'National Cancer Institute' and 'U.S. National Institutes of Health | www.cancer.gov'. The main heading is 'Classification of Laws Associated with School Students' with the C.L.A.S.S. logo. Below this, there's a 'View Data Map' button with a map of the United States. To the right, a 'WELCOME' message states: 'Classification of Laws Associated with School Students (C.L.A.S.S.) is an empirical scoring system that monitors and evaluates state-level school physical education and nutrition policies that have been codified into law.' Below the map, there are four columns of links: 'About C.L.A.S.S.' (Policy Areas Covered, Contact C.L.A.S.S., Funding Opportunities), 'C.L.A.S.S. Briefs' (Coming Soon), 'Download C.L.A.S.S. Data' (School Nutrition, PE and recess), and 'C.L.A.S.S. Actions' (Publications, Presentations, C.L.A.S.S. Users). A 'What's New?' section mentions that data were recently presented at the 2010 International Society for Behavioral Nutrition and Physical Activity meeting in Minneapolis, Minnesota, USA, and provides a link to 'C.L.A.S.S. Actions'.

