



Classification of Laws Associated with School Students

class.cancer.gov

What Is C.L.A.S.S.?

Classification of Laws Associated with School Students (C.L.A.S.S.) is a scoring system that monitors and evaluates state-level school physical education (PE) and nutrition policies that have been codified into law. C.L.A.S.S. data are currently available from 2003–2008, 2010, and biennially thereafter.

- **C.L.A.S.S.** uses a scoring system to code state laws as they compare to national standards and recommendations for PE and nutrition
- **C.L.A.S.S.** scores of PE and nutrition laws are available at elementary, middle, and high school levels and across levels

Policy Areas Covered In C.L.A.S.S. Include:

Physical Education

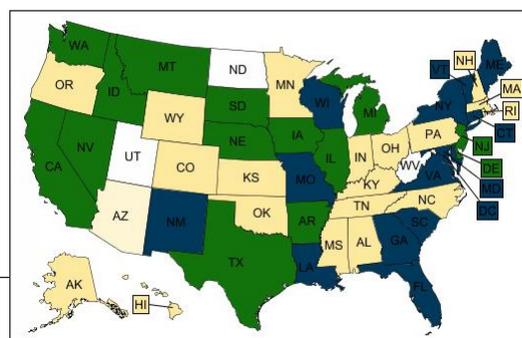
- PE time requirements
- Physical activity time requirements
- Moderate to vigorous activity
- Staffing requirements (i.e., teacher qualifications)
- Curriculum standards
- Physical education proficiency
- Assessment of health-related fitness
- Recess time
- Joint use agreement provisions

Nutrition

- Competitive foods (vending machines, a la carte, etc.)
- Reimbursable school meals
- School meal environment (e.g., meal scheduling)
- Potable water requirements
- Food service director qualifications
- Coordinating or advisory council requirements
- Nutrition education
- Farm-to-School provisions
- Marketing restrictions
- Body mass index screening

C.L.A.S.S. Policy Mapping Tool

C.L.A.S.S. users can generate policy maps for any PE or nutrition policy area selected. Users can also select a particular state to generate information on policy scores by year and by grade level. Data can be printed or downloaded for analysis.



View Data Map

Develop tailored national policy maps by selecting either physical education or nutrition and then selecting the grade level, policy area, and year of interest. Click the View Data Map button to generate your map. Maps can be downloaded and printed.

Physical Education Nutrition

Year 2010

To learn more about a policy area, please scroll over the adjacent red "i" button

Grade Level

- All School Levels **i**
- Elementary School
- Middle School
- High School

Policy Area

- Time Requirements **i**
- Physical Activity (PA) Time Requirements **i**
- Staffing Requirements **i**
- Curriculum Standards **i**
- Fitness Assessment **i**
- Recess Time **i**
- Weighted Summary Score **i**

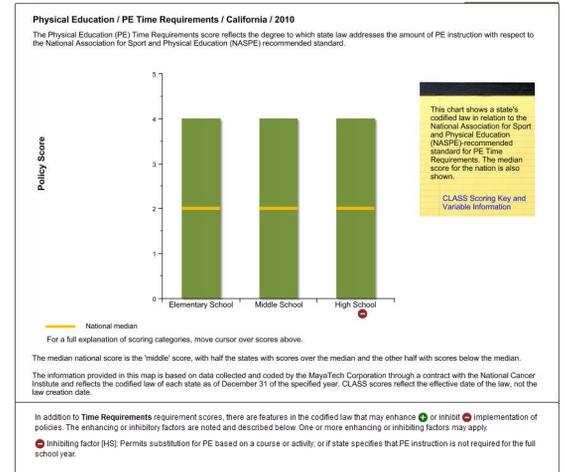


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C.L.A.S.S. State Profiles Tool

C.L.A.S.S. users can use this tool to create state-specific reports by year, with each report containing charts for all policy areas in physical education and nutrition. Each chart indicates state scores across each grade level for a specific policy area and how scores compare to the national median. Data can be printed or downloaded for analysis or for use in a presentation.



C.L.A.S.S. Briefs

C.L.A.S.S. users can review 1–2 page summaries of publications and analyses of C.L.A.S.S.-related data and informational materials. Links to original publications and presentations are also included.

Who Goes to C.L.A.S.S.?

RESEARCHERS

go to C.L.A.S.S. to:

download data to analyze school diet- and physical activity-related laws.

Use the data to:

- Examine laws within and across grade levels
- Link the data with other surveillance, health, and education datasets
- Track changes in laws over time
- Evaluate factors associated with implementation of laws

POLICY MAKERS

go to C.L.A.S.S. to:

monitor how state PE and nutrition policies compare to other states using the map and state report functions.

Use the data to:

- Examine if states are meeting the most current standards and recommendations for PE and nutrition
- Evaluate how state laws compare to others

SCHOOL BOARDS, TEACHERS, AND THE PUBLIC

go to C.L.A.S.S. to:

examine how local policies compare to state laws.

Use the data to:

- Examine laws within and across grade levels
- Subscribe to C.L.A.S.S. listserv for updates

Don't Miss C.L.A.S.S.!

Log on to class.cancer.gov to use C.L.A.S.S.

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