



Classification of Laws Associated with School Students

class.cancer.gov

About CLASS

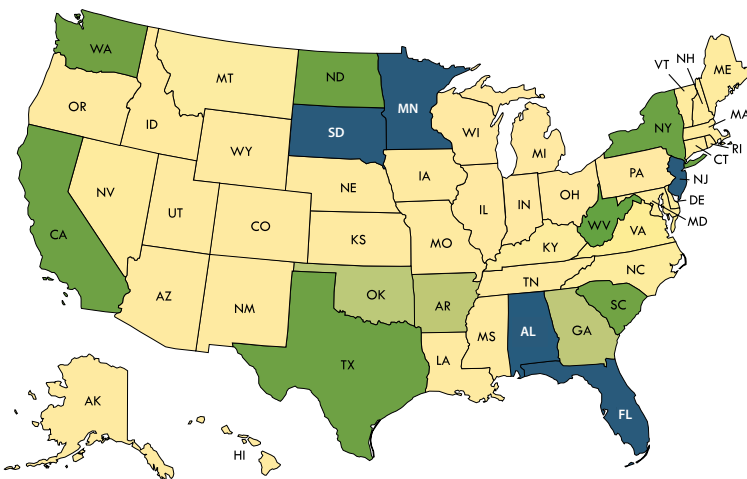
The Classification of Laws Associated with School Students (CLASS) is a scoring system that monitors and evaluates state-level school physical education (PE) and nutrition policies that have been codified into law. CLASS data are currently available from 2003–08, biennially 2008-12, and yearly thereafter.

- CLASS uses a scoring system to code state laws as they compare to national standards and recommendations for PE and nutrition.
- CLASS scores for PE and nutrition laws are available at elementary, middle, and high school levels and also as a summary score.

CLASS Policy Mapping Tool

CLASS users can generate policy maps for 11 PE-related and 19 nutrition-related policy areas. Users can also select a particular state to generate information on policy scores by year and by grade level. Data can be printed or downloaded for analysis.

Example map



*Color indicates the policy strength

Categories

- Physical Education
 Nutrition

Select Year

Grade Level

- All School Levels
- Elementary School
- Middle School
- High School

Sample Policy Areas

- PE Time Requirements
- Curriculum Standards
- Fitness Assessment
- Recess Time
- Cafeterias: Entree
- School Meal Environment
- School Stores: Beverages

Policy Areas Covered In CLASS Include:

Physical Education (11 across grade levels)

- PE class time and curriculum standards
- PE teacher and staffing requirements
- Proficiency requirements
- Physical activity time requirements
- Moderate-to-vigorous activity in PE
- Assessment of health-related fitness
- Recess time
- Joint-use agreement provisions

Nutrition (19 across grade levels)

- Competitive food and beverage standards
- School meal environment and reimbursable meals
- Potable water and nutrition education requirements
- Food service director qualifications
- Coordinating or advisory council requirements
- Farm-to-School provisions and marketing restrictions
- Body mass index screening
- Provisions around parties, events, and fundraisers



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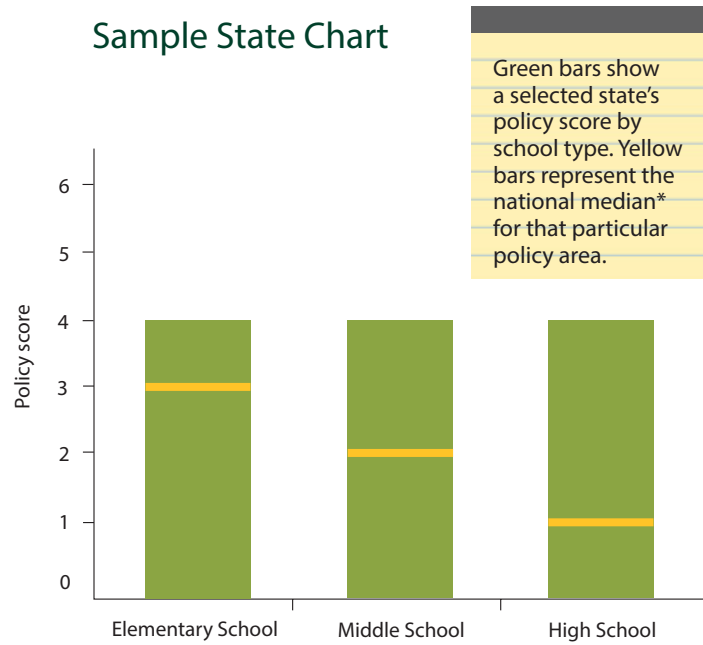
CLASS State Profiles Tool

CLASS users can use the profiles tool to create state-specific reports by year, with each report containing charts for all policy areas in PE and nutrition. Each chart indicates state scores across each grade level for a specific policy area and compares scores to the national median. Data can be printed, downloaded, or used for presentations.

CLASS Briefs

CLASS users can review summaries of publications and analyses of CLASS-related data and informational materials. Links to original publications and presentations are included.

Sample State Chart



* Half the states receive a score above the median and the other half receive a score below the median.

CLASS Users

RESEARCHERS go to CLASS to:	POLICYMAKERS go to CLASS to:	SCHOOL BOARDS, TEACHERS, AND THE PUBLIC go to CLASS to:
<p>download data to analyze school diet- and physical activity-related laws.</p> <p><i>For example:</i></p> <ul style="list-style-type: none">• Link the data with other surveillance, health, and education data sets• Track changes in laws over time• Evaluate factors associated with implementation of laws	<p>monitor how state PE and nutrition policies compare to other states using the map and state report functions.</p> <p><i>For example:</i></p> <ul style="list-style-type: none">• Examine whether states are meeting the most current standards and recommendations for PE and nutrition• Compare states	<p>understand how local policies compare to state laws.</p> <p><i>For example:</i></p> <ul style="list-style-type: none">• Examine laws within and across grade levels to see whether they get weaker or stronger as children get older• Determine whether your school meets state guidelines

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Don't skip CLASS!

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Updated February 2016