



# Classification of Laws Associated with School Students

class.cancer.gov

## About CLASS

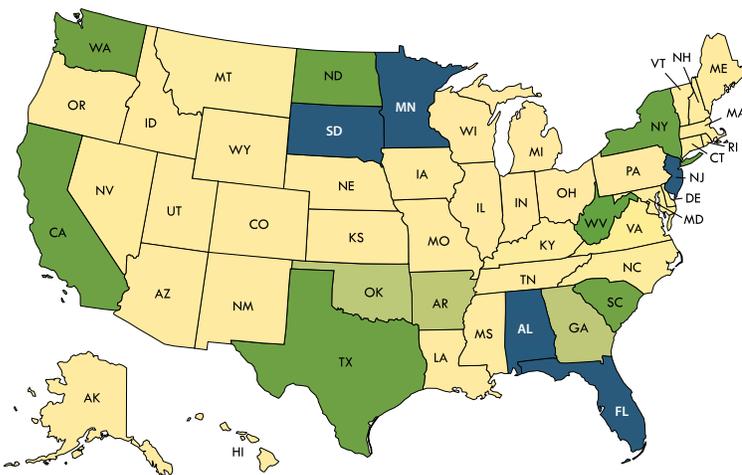
The Classification of Laws Associated with School Students (CLASS) is a scoring system that monitors and evaluates state-level school physical education (PE) and nutrition policies that have been codified into law. CLASS data are currently available from 2003–08, biennially 2008-12, and yearly thereafter.

- CLASS uses a scoring system to code state laws as they compare to national standards and recommendations for PE and nutrition.
- CLASS scores for PE and nutrition laws are available at elementary, middle, and high school levels and also as a summary score.

## CLASS Policy Mapping Tool

CLASS users can generate policy maps for 11 PE-related and 19 nutrition-related policy areas. Users can also select a particular state to generate information on policy scores by year and by grade level. Data can be printed or downloaded for analysis.

### Example map



\*Color indicates the policy strength

### Categories

- Physical Education
  Nutrition

Select Year

#### Grade Level

- All School Levels
- Elementary School
- Middle School
- High School

#### Sample Policy Areas

- PE Time Requirements
- Curriculum Standards
- Fitness Assessment
- Recess Time
- Cafeterias: Entree
- School Meal Environment
- School Stores: Beverages

### Policy Areas Covered In CLASS Include:

#### Physical Education (11 across grade levels)

- PE class time and curriculum standards
- PE teacher and staffing requirements
- Proficiency requirements
- Physical activity time requirements
- Moderate-to-vigorous activity in PE
- Assessment of health-related fitness
- Recess time
- Joint-use agreement provisions

#### Nutrition (19 across grade levels)

- Competitive food and beverage standards
- School meal environment and reimbursable meals
- Potable water and nutrition education requirements
- Food service director qualifications
- Coordinating or advisory council requirements
- Farm-to-School provisions and marketing restrictions
- Body mass index screening
- Provisions around parties, events, and fundraisers



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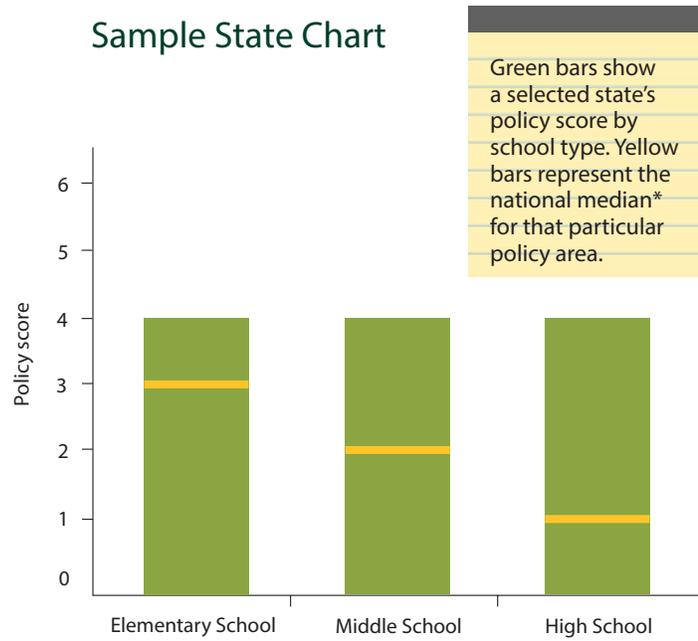
## CLASS State Profiles Tool

CLASS users can use the profiles tool to create state-specific reports by year, with each report containing charts for all policy areas in PE and nutrition. Each chart indicates state scores across each grade level for a specific policy area and compares scores to the national median. Data can be printed, downloaded, or used for presentations.

## CLASS Briefs

CLASS users can review summaries of publications and analyses of CLASS-related data and informational materials. Links to original publications and presentations are included.

## Sample State Chart



\* Half the states receive a score above the median and the other half receive a score below the median.

## CLASS Users

| RESEARCHERS<br>go to CLASS to:   | POLICYMAKERS<br>go to CLASS to:   | SCHOOL BOARDS,<br>TEACHERS, AND THE<br>PUBLIC go to CLASS to:  |
|--|---|--|
| <p>download data to analyze school diet- and physical activity-related laws.</p> <p><i>For example:</i></p> <ul style="list-style-type: none"><li>• Link the data with other surveillance, health, and education data sets</li><li>• Track changes in laws over time</li><li>• Evaluate factors associated with implementation of laws</li></ul> | <p>monitor how state PE and nutrition policies compare to other states using the map and state report functions.</p> <p><i>For example:</i></p> <ul style="list-style-type: none"><li>• Examine whether states are meeting the most current standards and recommendations for PE and nutrition</li><li>• Compare states</li></ul> | <p>understand how local policies compare to state laws.</p> <p><i>For example:</i></p> <ul style="list-style-type: none"><li>• Examine laws within and across grade levels to see whether they get weaker or stronger as children get older</li><li>• Determine whether your school meets state guidelines</li></ul> |

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